NEXJEN KIDS STUDENT CODE OF CONDUCT

- Know and follow all gym rules.
- Practice often. Attend class more than once a week if at all possible.
- NEVER use your jiu-jitsu to be a bully or intentionally harm others.
- Treat everyone you meet with respect.
- Give your best effort in everything you do.
- Never blame others for your choices. YOU make decisions for you.
- Be honest, but kind. Tell the truth, even when it's not easy.
- Be humble.
- Be helpful.
- Stand up for others. Don't be a bystander when someone needs help.
- Be thankful.
- Be a good sport. You either win or you learn.
- Be alert, always. Don't let trouble catch you by surprise!
- Love yourself; you won't succeed unless you take care of yourself first.

